

NJ CENTER FOR PROSTATE CANCER AND UROLOGY

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**255 WEST SPRING VALLEY AVENUE, SUITE 101
MAYWOOD, NJ 07607**

OUR PHONE # WILL REMAIN THE SAME - 201-487-8866

****THE OFFICE IS LOCATED ON THE CORNER OF SPRING VALLEY ROAD AND
SPRING VALLEY AVENUE, BEHIND THE BERGEN MALL IN PARAMUS**
DIRECTIONS ARE AS FOLLOWS:**

FROM THE WEST

Take Route 4 East to the Spring Valley Road Exit. Proceed on Spring Valley Road to the first traffic light. Make a right at the light onto Spring Valley Avenue and turn right into the parking lot.

FROM THE EAST

Take Route 4 West to the Spring Valley Road Exit, toward Maywood/Oradell. Make the first right (this will take you back over Route 4). At the stop sign, make a left onto Spring Valley Road. At the first traffic light, make a right onto Spring Valley Avenue and turn right into the parking lot.

FROM ROUTE 17 (North and South)

Take the Route 4 East Exit. Proceed on Route 4 to the first exit, Spring Valley Road. Go to the first traffic light and make a right onto Spring Valley Avenue. Turn right into the parking lot.

FROM THE SOUTH

Take the Garden State Parkway North to Exit 161/Route 4 East. From Route 4, take the Spring Valley Road Exit. Proceed on Spring Valley Road to the first traffic light. Make a right onto Spring Valley Avenue and turn right into the parking lot.

FROM THE NORTH

Take the Garden State Parkway South to Exit 163/Route 17 South. Take Route 17 South to Route 4 East and follow directions above.

TAKE ROUTE 80 EAST TO EXIT 62A, TOWARD SADDLE BROOK/GARDEN STATE PARKWAY NORTH. MERGE ONTO THE GSP NORTH TO EXIT 161 FOR ROUTE 4 EAST. TAKE ROUTE 4 EAST TO THE SPRING VALLEY ROAD EXIT. FOLLOW THE ROAD TO THE FIRST TRAFFIC LIGHT AND MAKE A RIGHT ONTO SPRING VALLEY AVENUE. THEN MAKE A RIGHT INTO THE PARKING LOT.

OR

TAKE ROUTE 80 EAST TO EXIT 63, ROUTE 17 NORTH. TAKE 17 NORTH TO ROUTE 4 EAST. TAKE ROUTE 4 EAST TO THE SPRING VALLEY ROAD EXIT. FOLLOW THE ROAD TO THE FIRST TRAFFIC LIGHT AND MAKE A RIGHT ONTO SPRING VALLEY AVENUE, THEN MAKE A RIGHT INTO THE PARKING LOT.